

## PINEVILLE

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## MIDTOWN

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# SAEBO

**SaeboFlex** is a custom fabricated orthosis that supports a weakened wrist, hand and fingers. It is a non-electrical, purely mechanical device. It can help people with neurological impairments, such as stroke or hemiplegic Cerebral Palsy. Saebo programs use pioneering treatment principles based on the latest advances in neurorehabilitation research documenting the brain's ability to "re-program" itself through mass practice and task oriented arm training. Additional information can be found at [www.saebo.com](http://www.saebo.com).

### Objectives

A **Saebo** program focuses on positioning the wrist and fingers into extension in preparation for functional activities. Then, the user is able to grasp an object by voluntarily flexing the fingers. The extension spring system assists in re-opening the hand to release the object. This orthosis is typically used during Occupational Therapy sessions as a modality for strengthening the hand, along with functional activities to increase independence across all environments. Once optimal fitting is achieved, the user then continues with a recommended daily home program, along with regular OT. The user must be closely monitored for needed changes in fitting the orthosis as hand function changes, as well as updating their daily home activities.

### Scheduling

Appointments are available according to your family's schedule. We recommend regular participation (1-2 sessions per week) over a 3-6 month period. Shorter intensives (3-4 sessions per week) over an 8-10 week period may also be suitable.

### Cost

Families may use available insurance benefits for some services or pay privately.

### Contact

A number of our occupational therapists are trained to provide Saebo programs. Feel free to contact us by phone or email for more information.

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